1. Thou shalt present thyself to thy job physically and mentally fit and properly clothed for any emergency in order to withstand the rigors of thy task.

2. Thou shalt never enter thy cab without inspecting thy lights, windshield wipers, defrosters, flares and other safety equipment.

3. Thou shalt know thy spreading and plowing routes as well as the performance of thy spinner and the life of thy plow blade.

4. Thou shalt faithfully remain alert in order to avoid guardrails,headers, stalled cars, manhole covers, railroad tracks and mailboxes. Otherwise thee may smite thy windshield with thy head.

5. Thou shalt contain thy temper even though cars and trucks pass thee on both sides and tailgate thee too close for comfort. Anger only multiplies thy prospects of coming to grief by accident.

6. Thou shalt use thy radio, if thee is fortunate enough to have one, as briefly as possible. Remember thy fellow workers may need to communicate in an emergency.

7. Thou shalt interrupt the flow of power to thy spreader before attempting to free any foreign objects or blockages if thee treasure thy fingers.

8. Thou shalt render thy truck and spreader out of gear and stoutly set thy brakes before dismounting from thy cab.

9. Thou shalt govern thy speed according to conditions, else thee may wind up with thy truck upside down.

10. Thou shalt mind thy manners on the roadway, clearly signalling thy intentions remembering that it is more blessed to give than to receive.